



Menüplan HZH 21.09.2026 bis 27.09.2026

Mo



Spaghetti Napoli



Tomatensauce mit Basilikum



Griebener Käse



Bunter Blattsalat



Früchte

Di



Rindsgeschnetzeltes



mit Champignons und Peperoni



Langkornreis

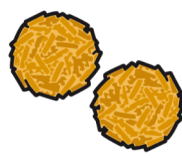


Tomatensalat



Früchte

Mi



Walliser Rösti



mit Tomate und Käse überbacken



Bunter Blattsalat



Früchte

Do



Marinierte Pouletschenkel



BBQ-Sauce



Country-Cuts



Maisgemüse



Dessert

Fr



Tortelloni Caprese



in rassicem Tomatensugo



Griebener Käse



Bunter Blattsalat

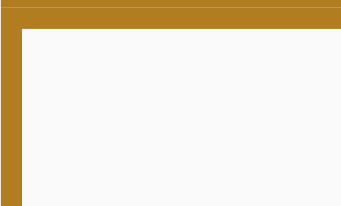
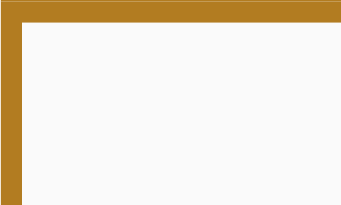
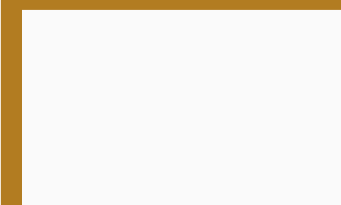
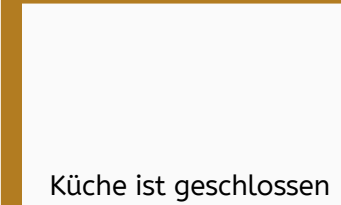
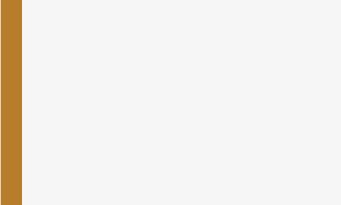


Bunter Blattsalat

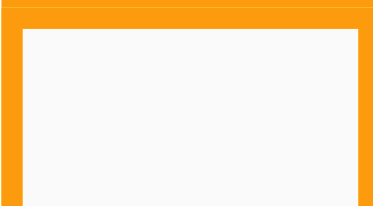
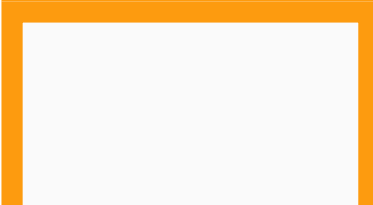
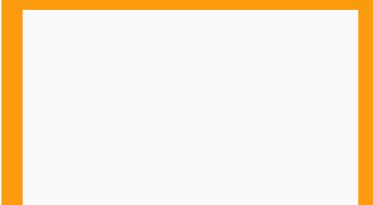
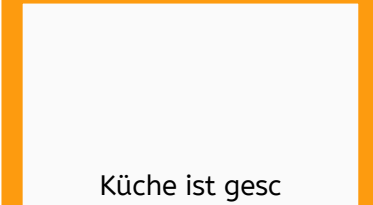


Früchte

Sa



So





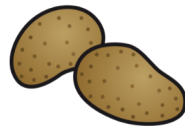
Menüplan HZH Abend 21.09. bis 27.09.2026

Mo



Café Complét

Di



geschwellti

Mi



Kochen auf der Gruppe

Do

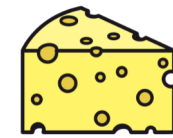


Milchreis

Fr

Sa

So



Chäs,



Gemischter Salat



Früchtekompott